



## IS MASK WEARING DANGEROUS?

Generally, wearing a face mask without proper training, leads to increased exposure.

- Face masks are essentially humid germ incubators – Dr. D. Saha  
<https://scroll.in/pulse/860276/no-good-choices-a-mask-may-block-out-some-pollution-but-have-other-ill-health-effects>
- A face mask recirculates your own germs  
Rise in pneumonia:  
[https://www.americanthinker.com/articles/2020/07/t\\_o\\_mask\\_or\\_not\\_to\\_mask.html](https://www.americanthinker.com/articles/2020/07/t_o_mask_or_not_to_mask.html)
- A face mask negatively impacts your immune system; serious risk to the healthy  
<https://fort-russ.com/2020/05/dr-blalock-face-masks-pose-serious-risks-to-the-healthy-hypoxia-and-hypercapnia/>
- Face masks have a negative impact on human thermoregulation  
<https://academic.oup.com/annweh/article/56/1/102/166254>
- Face masks lower your oxygen level  
<https://clinicaltrials.gov/ct2/show/NCT00173017>

- Other side effects  
Acne, eye infections, other problems  
<https://www.askdrbuttar.com/face-mask/>  
Brain Damage from Masks Cannot Be Reversed  
<https://catholictruthblog.com/2020/10/20/brain-damage-from-masks-cannot-be-reversed-stop-wearing-yours/>
- Long term effects on ventilatory function  
<https://nofacemask.blogspot.com/2020/06/study-reveals-long-term-effects-of-face.html>  
Mask mouth and fungus  
<https://www.wellandgood.com/mouth-sores-from-wearing-masks/amp/>

## WHAT HAVE “EXPERTS” STATED ABOUT FACE MASKS?

CDC: 85% of COVID-19 patients report “always” or “often” wearing a mask  
<https://jordanschachtel.substack.com/p/cdc-85-of-covid-19-patients-report>

WHO: Face masks should NOT be worn while exercising (breathing difficulty, growth of microorganisms).  
<https://twitter.com/WHO/status/1278262917360693248>

DR. FAUCI: Second wave might not come; masks are a nice gesture  
<https://www.independentsentinel.com/dr-fauci-says-2nd-wave-may-not-come-masks-are-a-nice-gesture/>

Masks are a “symbol”  
<https://www.usatoday.com/story/news/politics/2020/05/27/coronavirus-fauci-says-he-wears-mask-symbol-what-do/5266189002/>

JOHNS HOPKINS: COVID-19 Deaths “Not Alarming”  
<https://notthebee.com/article/a-few-days-ago-johns-hopkins-published-a-study-saying-corona-is-nbd-they-then-deleted-it-read-it-here-in-its-entirety>

For more information, go to  
[www.LibertyPilot.com](http://www.LibertyPilot.com)



## Face Masks – Helpful or Harmful?



SCAN FOR CLICKABLE VERSION

MEDICAL FACTS AND STUDIES  
Showing ineffectiveness and danger



Wearing masks has become the “thing to do”

## DO FACE MASKS WORK AT ALL?

Standard medical masks are great for:

- Keeping spit out of a patient’s wound or incision
- Preventing bits of tissue and splatter from popping into a doctor’s mouth

*“One needs an electron microscope to see a COVID 19 virus particle. Average COVID 19 virus particle size... is **0.125 microns**... The hoarded N 95 mask only **filters down to 0.3 microns**. So, **N95 masks block few, if any, virus particles**. This is a simple fact, so you just cannot argue against it.” ~Doc Graham, MD*

Mask-to-mask transmission: they don’t work

<https://www.sacbee.com/article244033087.html>

If masks work, why isn’t this over?

<https://townhall.com/columnists/scottmorefield/2020/09/14/if-masks-work-why-dont-they-work-n2576139>

Many studies show ineffectiveness: overview

[https://articles.mercola.com/sites/articles/archive/2020/07/15/do-masks-protect-you-from-covid-19.aspx?cid\\_source=dnl&cid\\_medium=email&cid\\_content=art2HL&cid=20200715Z1&mid=DM593343&rid=917036689](https://articles.mercola.com/sites/articles/archive/2020/07/15/do-masks-protect-you-from-covid-19.aspx?cid_source=dnl&cid_medium=email&cid_content=art2HL&cid=20200715Z1&mid=DM593343&rid=917036689)

## STUDIES

Both cotton and surgical masks are ineffective in filtering virus in coughs of patients with COVID-19.

<https://www.acpjournals.org/doi/10.7326/M20-1342>

Cloth masks were studied and proven not effective during the Spanish Flu.

<https://ajph.aphapublications.org/doi/pdf/10.2105/AJPH.101.1.34>

Patients experienced hypoxemia and reduction in partial pressure of oxygen

<https://pubmed.ncbi.nlm.nih.gov/15340662/>

Masks-for-all for COVID-19 not based on sound data

<https://www.cidrap.umn.edu/news-perspective/2020/04/commentary-masks-all-covid-19-not-based-sound-data>

CDC: Evidence... did not support a substantial effect on transmission

[https://wwwnc.cdc.gov/eid/article/26/5/19-0994\\_article](https://wwwnc.cdc.gov/eid/article/26/5/19-0994_article)



## MASK MANDATES

One month after statewide mask mandate, California daily COVID case average has increased by 162%

<https://justthenews.com/politics-policy/coronavirus/one-month-after-statewide-mask-mandate-california-daily-case-average>

A moral case against mask mandates

<https://thefederalist.com/2020/07/31/the-moral-case-against-mask-mandates-and-other-covid-restrictions/>

Mass mask wearing makes no difference on COVID-19 transmission

<https://www.acpjournals.org/doi/10.7326/M20-6817>

If the ones creating the rules don’t think it’s dangerous enough to wear a mask, why should you?

Dr. Fauci <https://t.co/CYtou6K87g?amp=1>

Governor Newsom

<https://notthebee.com/article/guess-who-was-with-gov-newsom-at-his-fancy-rule-breaking-restaurant-dinner-officials-from-the-california-medical-association>

Diane Feinstein

<https://notthebee.com/article/hypocrisy-alert-see-sen-diane-feinstein-walk-through-airport-without-mask>

Nancy Pelosi

[https://www.americanthinker.com/blog/2020/09/speaker\\_marie\\_antoINETTE\\_pelosi\\_reminds\\_us\\_lockdowns\\_are\\_for\\_the\\_little\\_people.htm](https://www.americanthinker.com/blog/2020/09/speaker_marie_antoINETTE_pelosi_reminds_us_lockdowns_are_for_the_little_people.htm)